



Jacksonville Diversity Council Meeting

Date: Thursday, January 21st

Time: 12:00pm-1:30pm

Location: **Virtual Meeting**

**Attendees will receive additional instructions on how to join as we get closer to the meeting date.*

Using Emotional Intelligence to Manage Microaggressions in the Workplace

Led by Dr. Julius Demps, Professor of Management at Jacksonville University

Microaggressions are not a new phenomenon in the workplace. Historically, women and minority groups have been taught to ignore these events when they occur. Those who have met microaggressions directly or handled them improperly, in some cases, have suffered the consequences of their actions. The proliferation of national events has shed light on the study of microaggressions and there is a significant outcry for the intolerance of these behaviors. In this presentation, the following objectives will be explored:

- Identify the root cause of microaggressions
- Examine the impact of stress when dealing with microaggressions improperly
- Understand the importance of utilizing Emotional Intelligence as a strategy to manage microaggressions
- Appreciate the value and significance of time when dealing with these events

**If you are not a Corporate Partner Representative or an individual member, please contact Elana.Powell@nationaldiversitycouncil.org for more information.*

Guests are welcome to attend one chapter meeting without membership.